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I wanted one with a heart rate function and ideally also GPS. I also wanted a garmin as I already use another garmin watch and so wanted to keep everything on the same software (garmin connect, etc) for simplicity. I ended up buying this watch as well as the vivosmart HR plus on prime day for AE120 and AE110 respectively. I assumed the vivosmart would win outright, but I was wrong. I found it uncomfortable and bulky from the off. This watch on the other hand turned out to be a bit of a gem. Why?...Firstly, it's a very comfortable watch, easy to wear as an everyday watch and low profile enough to wear even with shirts and cuffs/cufflinks (try that with the vivosmart!). I wanted a watch I could wear all day and all night (see below on sleep tracking) and it delivers. It has a very easy to see in all-conditions screen, with the time clearly displayed as you'd want moment to moment. It's really light too - barely notice it. It also does the add-ons that are nice, including smart notifications from your phone (messages, diary reminders, incoming calls, whatsapp, etc, etc), weather app connection (needs phone) and a great battery that lasts several days, even when using GPS a bit for activities.Secondly, even though it's a "running watch" it makes a great activity tracker. It's got a steps tracker that sets your daily target and all that good stuff, it tracks your heart rate regularly and it has the all-important get off your bum bar ("move" bar I think, technically) on the home screen. It syncs effortlessly with garmin connect so you can see your more detailed stats whenever you want on your phone too. Sleep tracking was important to me and it does that very well. Garmin connect is relatively basic in sleep stats (at least from what I can see so far), but analysis of deep sleep vs light seems to correlate to how I feel the next morning and the start and finished sleep points have been pretty accurate. I knew it would confirm I'm not getting enough sleep, but somehow having the stats build it helping me work on that (and work on what stops me getting more deep sleep - phone by the bed's on the list ofcourse!). So that's all the ways I wanted to use it that it wasn't labelled as. How does it work as what it actually says it is then - a running watch? The answer is pretty damn well. I have a garmin forerunner 920xt which is a (significantly more expensive) higher end watch for running, cycling, swimming, triathlon, etc. You need a separate heart rate strap with it (generally still considered to have better accuracy than wrist based heart rate sensors) and it's been my training watch for a year and a half now. I love it. So I expected the forerunner 35 to pale against it, less useful and less accurate. It certainly can't do all the same stuff (no swim option, doesn't work with other bike sensors like cadence I believe) but on a like for like for what it can do the 35 performs really well. I've used it on a few runs and it's accurate on distance, pretty responsive on heart rate (I'd read it's slow, but don't find it bad at all, at least not for a pretty steady effort which is what I tend to do most of) and just easy to use. It picks up GPS quickly too. I used it side by side with the 920xt on a bike ride and the stats were the same (average HR exactly, distance was slightly different but I only paused one when we had a break which could explain). I'll invariably still use the 920 for most things, but for running I could well use the 35 going forwards. I also love that you can set this up to transmit HR via ant+ - meaning if you have another exercise computer (like the 920 or more likely a cycle computer) you can use this for HR instead of the chest strap if you like.I really can't find many faults with this. I think the main one (and the drop of one star) is the look. As others have noted it's pretty damn fugly. There's no real need for that. It looks like it wants to be like the apple watch but couldn't really be bothered. I've bought another colour strap to jazz it up a bit, but am also happy to go function over form (the vivosmart it's much more designed, but fell over on the comfort as a result).Apart from that I really do like it. Yes, it's not touchscreen but I prefer that - buttons mean it does what you want, when you want it to. It's also monochrome screen, which falls a bit with the above point but again it doesn't affect anything and better that than be more expensive to add colour. Would I like it as much at full RRP? Now there's a question. Probably not it is the honest answer. At that stage the vivoactive HR becomes an option and packs in a lot more than this watch, but at the discounted price from prime day, and I'm sure again before long, I wouldn't hesitate to recommend it.So a star off for looks and (full) price. Otherwise pretty hard to fault.Who should get this? A few others have given a pretty good answer to that, but to add my 2 pence worth I'd say it's great for anyone wants to get active, or is and is run focussed.

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